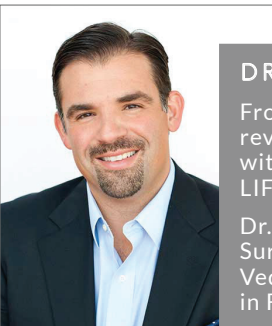


WHAT OUR PATIENTS ARE SAYING...

I decided I wanted to have some of this loose skin and a little bit of this jowling and cheeks lifted. Dr. Garcia is very meticulous and he's the top at what he does. I'm extremely ecstatic and no one has ever said to me "Did you have work done?" or anything in that regard. They just said "Oh, your skin looks great" or "You look fabulous." So there's been no drastic change. It's just been a very youthful, natural change in my face and I'm very excited about it, and happy and pleased! -CARA

This was the most amazing experience I have ever had in a doctor's office. Dr. Garcia was caring, professional, and diligent. Most importantly, my results are amazing!! I look 20 years younger. I have already recommended him to two of my friends after they saw me. -FRANCES

**Individual results may vary*



DR. ROBERTO GARCIA

From the creator of Contoura, revolutionary success now comes with the next evolution of Contoura LIFT®

Dr. Roberto Garcia is a top Plastic Surgeon serving Jacksonville, Ponte Vedra Beach and surrounding areas in Florida.

ContouraLIFT®
you, just younger



190 FLORIDA A1A, SUITE 1, PONTE VEDRA BEACH, FL 32082
904.686.8020 | WWW.CONTOURAFPS.COM

ContouraLIFT®
you, just younger

LESS THAN 1 HOUR

Contoura LIFT® is a minimally invasive procedure performed in the office to elevate the cheeks and give the lower face a more youthful appearance. The beauty of the procedure is that in the office, we are able to make a profound difference along the jawline and tightening of the neck. The procedure takes less than one hour!



LOCAL ANESTHESIA

The Contoura LIFT® is performed under local anesthesia. Similar to the experience of having a dental procedure, patients are made comfortable with a series of small injections to anesthetize the area.

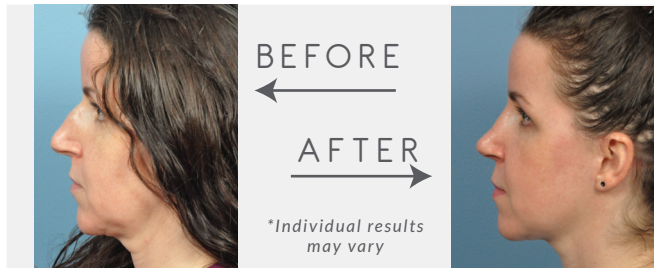
My results were phenomenal. Dr. Roberto Garcia is conservative in his approach yet the results are both dramatic and natural. He has a God given talent and perfectionism in his work. The follow up care is fantastic. He is always available and approachable for questions. - CHERYL



"I am delighted with results and have received many compliments. I look years younger and would not hesitate to do it again." - ANON

RAPID RECOVERY

Where classically the recovery for this type of procedure could be 6-8 weeks, the patient is able to see the amazing results right after surgery. Most patients can resume normal activities at 2 days and can return to social activities within 2 weeks. Of course, every patient heals differently but most patients look great within 7-10 days. The incisions are well concealed so that even the smallest amount of makeup can hide the residual effect of just having had surgery.



TURNS BACK THE CLOCK

The ability to treat the early signs of aging in the mid-face using the Contoura LIFT® provides results that are long lasting due to Dr. Garcia's proprietary techniques. As a rule, the results are permanent in that one will ALWAYS look 8-10 years younger than had they not had the surgery performed. The results are very natural and our patients simply look refreshed and reinvigorated.

